



NEWSLETTER
*"By Neighbors for Neighbors
 since 1982!"*

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Next General OHNA Meeting – Monday, November 18th, 7pm at the Air Pollution Control Board Room on the first floor of 850 Barret Avenue at the corner of East Breckinridge Street. Walk, drive, or bike; there is a lot of free parking. Mark your calendar! Please plan to attend & vote for your Board Members!

Message from the President - Jackie Leslie

Dear Friends and Neighbors,

We have had a lot of activities in the last two months.

Our "Slice of the Highlands" Pizza tasting and silent auction went very smoothly in September, but it did not generate the attendance we would have liked. However, we had 5 wonderful pizza sponsors – Bearnos, Boombozz, D'Orios Papalino's, and Uncle Maddio's. And we had a great band – John Webb and his band "Who's Hunley." It was a lot of fun and we have lots of ideas for improvement for the 2014 event.

We also had a meeting in October with Cliff Boyle of the Simsbury Group to get information on his plans for the Mercy facility. Approximately 40 individuals were in attendance, which included OHNA Board members, Simsbury Chairman of the Board- Clifford F. Boyle, Tom Owen - District 8 Councilman, Tom Bowen - Phoenix Hill Neighborhood Association President, local news media, Mercy Academy officials, architects and consultants. It is to be a drug and alcohol detox facility with extended 28 day housing for further therapy. There will be a public meeting once they finalize their plans. We will be sure to let you know when that is scheduled.

Please take the time to read Darrin Riddle's article on Nextdoor Highlands. We believe that this could prove to be a valuable resource over time with enough participation.

Our next Board meeting is Monday, November 18th. We will be having elections and nominating new Board members. Please feel free to attend and cast your vote; or even better, volunteer for the Board!

We also will be having our annual Christmas Potluck Dinner in December, but the date and location have yet to be determined.

Enjoy the beautiful fall season.

Jackie Leslie, OHNA President

2013 Calendar of OHNA and Local Events

OHNA Board Meetings – 3rd Monday of every month at 6pm at 850 Barret Avenue in the Air Traffic Control Board Room on the 1st floor. **All neighbors are welcome!** Please enter at the southwest corner with the OHNA sign.

Next meeting: **6pm, Monday, November 18th.**

OHNA General Meeting – **Monday, November 18th, 7pm** at 850 Barret Avenue in the Air Traffic Control Board Room on the 1st floor. Please enter at the southwest corner with the OHNA sign. Come and meet your neighbors!

OHNA Holiday Dinner – **Date, time and place yet to be determined.** But please be watching for our annual handout

Bardstown Road AGLOW - **Saturday December 7th, dusk till 10pm,** the 28th glow! Along Bardstown Road and Baxter Avenue, businesses open their doors offering entertainment, food, drink, and discounts. For more information, visit <http://www.bardstownroadaglow.com>

YOUR NEIGHBORHOOD ASSOCIATION NEEDS YOU!

Your neighborhood association has accomplished many things since its formation in 1975. There are too many benefits and neighborhood events to mention them all, but some include our free quarterly newsletter, annual holiday dinners, The Slice of the Highlands, and creation and maintenance of the Highland Island, to name a few. But the OHNA is in need of new board members. Why not become a voice in your neighborhood?. What is holding you back? Do you have ideas that haven't been considered? Please think about adding your voice and support to your neighborhood. Come to the next meeting and offer your participation.

This newsletter is published four times a year and distributed by neighbors to neighbors from Broadway to Rufer and between Barret and Baxter/Bardstown Road. You, too, can write an article, suggest an idea, or help deliver this publication to your neighbors. The neighborhood also has a facebook account and a web site. Visit them; check them out!, And be sure to read Darrin's article on **Nextdoor Highlands** on page 5!

The SLICE THANKS You! - Please join us in thanking all those that donated and supported The Slice!

Alison Torpey
Andy Leslie
Anonymous
Barbara Coles
Barbara Hinton
Bardstown Road Bicycle Co.
Bearno's Pizza
Behr Design Studio
Blue Mile
BoomBozz Taphouse
CafePress
Chuck Woodall
Churchill Downs Racetrack
Consider Boutique
Digs at Home in the Garden
DiOrio's Pizza & Pub
Drew Cook

Eric Miller
Eric Schuetzler
Greg Fleck
Hannan Family
Headliners
Heine Brothers
Highland Coffee
Highlands VIP
Jackie Leslie
Jim Schorch
Jimmy Williams
John Webb
Josh Behr
Keith Behr
Kentucky Wheelmen
KFC eleven
Louisville Tile

Mark Charles
Matt Blair
Mike Hinton
Morris Deli
Papalino's NY Pizzeria
Parrot Cleaners
PNC Bank
Original Highlands Neighborhood Association
Robin Blackshear
Scott Utterback
Shirley, an Original Highlander
The Groom Room
The Wine Market
Uncle Maddio's Pizza Joint
Valu Market
Who's Hunley



Don't Forget to "Like" The Original Highlands on Facebook

Are the days and weeks in between the OHNA newsletters hard to bear?

Check us out on Facebook!

More local information is available by email.

Send yours to ohnaky@gmail.com to be added to the list.

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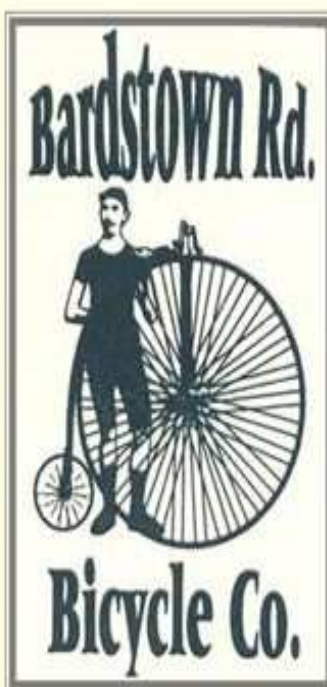
BEST OF
Louisville



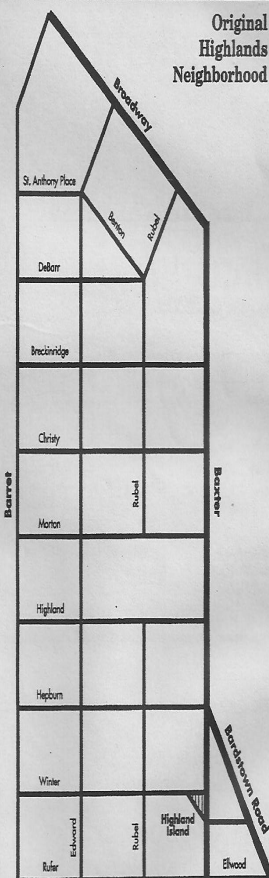
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Jefferson County Traditional
Middle School on
Morton Avenue – Jan. 16th
Spaghetti Dinner & Talent
Show!

Sponsoring a Fundraiser for the
Archery and Cheerleading Teams.
Dinner starts at 5:30 with the talent
show at 6:30. Looking forward to
having neighbors joining for a great
night of food and talent!

OHNA Thanks KFC eleven!

After a complete makeover at the corner of Baxter Avenue and Bardstown Road, the KFC eleven Highlands of Louisville has set up shop in its new and original home! During the process, the Original Highlands Neighborhood sculpture on the corner that had been hidden by overgrown bushes and weeds was opened up for viewing and can now be seen by any one biking, driving, or walking by!

Thanks KFC eleven!



THANK
YOU!



PUT USELESS APPLIANCES IN THE *DEEP FREEZE* !

Call LGE at 1-800-356-5467 or visit their web site to sign up: www.lge-ku.com/recycle

Have you ever wondered how much energy you may be using to power your decades-old refrigerator nestled in your basement or garage? While it may hold a place near and dear to your heart, it could be sucking up nearly one month's worth of your energy usage by chugging year-round to keep its cool.

According to ENERGY STAR®, models manufactured 30 to 40 years ago use nearly two times the amount of energy each year compared to today's high-efficient ENERGY STAR®-qualified refrigerators, which use approximately 500 kilowatt-hours annually.

The Fridge and Freezer Recycling Program helps residential electric customers haul away and properly recycle old, inefficient refrigerators and freezers. In return for reducing energy consumption and recycling the appliances, customers will receive \$50 per appliance.

Customers can schedule a pick-up time to have a trained collection team remove and recycle up to two inefficient, qualified appliances at their convenience in the same calendar year. The appliances must be at least 7.75 cubic feet or larger, operational, empty and accessible for removal.

SAVE THE DATE
NOVEMBER 11, 2013

11:00 AM DOWNTOWN LOUISVILLE

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FOR ADDITIONAL INFORMATION:

Sponsorship: Treva Brockman tpbrockman@gmail.com 502-552-1131

Parade Participation: Dell Courtney dellcourt@aol.com 502-228-5237

Production: Wayne Mettinger wayne@visualpresentations.com 502-767-2255

Nextdoor Highlands – Darrin Riddle

The Original Highlands has joined Nextdoor, a private and free social networking service for neighborhoods. It is designed to help build a stronger neighborhood, to connect neighbors with neighbors, and to help them stay informed and share useful local information to keep the neighborhood safe. Those that join will have to verify who they are and that they live in the boundaries of the Original Highlands if they wish to join.

Check out the website manifesto:

- We are for neighbors.
- For neighborhood barbecues. For multi-family garage sales. For trick-or-treating.
- We're for slowing down, children at play.
- We're for sharing a common hedge and an awesome babysitter.
- We're for neighborhood watch. Emergency response. And for just keeping an eye out for a lost cat.
- We believe in waving help to the new neighbor says "Welcome" better than any doormat.
- We believe technology is a powerful tool for making neighborhoods stronger, safer places to call home.
- We're all about online chats that lead to more clothesline chats.
- We believe fences are sometimes necessary, but online privacy is always necessary.
- We believe strong neighborhoods not only improve our property value, they improve each one of our lives.
- We believe that amazing things can happen by just talking with the people next door.
- We are Nextdoor. We are simply you and your neighbors, together.

It was created because they believe that a neighborhood is one of the most important and useful communities in a person's life. They hope members embrace the concept of being neighborly to each other. This includes answering your fellow neighbors questions, reporting crime and emergency alerts, posting weather and traffic bulletins, discussing community-wide issues, publicizing neighborhood events, exchange recommendations for local businesses and services such as plumbers and painters, and ideas on how to improve the neighborhood. It also provides a forum to buy, sell, trade, or donate personal goods that you no longer need, advertise a garage or yard sale, or post notice of a lost or found pet. The community can be strengthened by inviting other neighbors to join Nextdoor.

Thousands of neighborhoods are already using Nextdoor to:

- Quickly get the word out about a break-in
- Organize a Neighborhood Watch Group
- Track down a trustworthy babysitter
- Find out who does the best paint job in town
- Find out who does the best plumbing job
- Ask for help in keeping an eye out for a lost dog
- Find a new home for an outgrown bike
- Finally call that nice man down the street by his first name

Nextdoor does not do background checks on users, but as a safety precaution a Registered Sex Offenders address check is conducted every Saturday. If an address shows on the registry, the household is blocked from having access to the site and viewing any posts.

The Louisville Metro Police Department is encouraging the use of Nextdoor for neighborhood communications for crime and emergency alerts. LMPD will have access to post into neighborhoods but will not be able to see posts unless it is a direct reply.

The Nextdoor site is www.highlandsjefferson.nextdoor.com for the Original Highlands. To join, they will ask you for your name, address, and email.



Help the Air – *Become a Part of the Solution* – Kentuckiana AIR Education

There's a direct link between our community's air quality and our health, especially for children and adults with breathing problems. Poor quality triggers asthma attacks that can send children to the hospital. Experts have found that poorly maintained automobiles are a major source of our current air problems.

Poorly maintained vehicles contribute to particle pollution and ozone. These two pollutants can greatly worsen our air quality. These two pollutants can greatly worsen our air quality. Particle pollution (PM_{2.5}) is a mixture of microscopic dust and liquid droplets suspended in the air. Ozone (O₃) is a colorless, odorless gas and the primary ingredient of smog. These pollutants can be inhaled deep into the lungs and can cause severe damage. By doing simple things like regularly changing your engine's oil or air filter, you can help reduce the air pollution your car produces.

Health conditions involving respiratory and cardiovascular problems are worsened by poor air quality. Nationally, asthma is the most prevalent chronic disease among children; every day in Kentuckiana, nearly 20,000 children cope with asthma.¹ Short-term exposure to Particle pollution can cause asthma attacks and acute bronchitis. High particle levels have been linked to increased hospital admissions and emergency room visits. A recent study shows that ozone may actually increase children's risks for developing asthma. On days with high ozone, children with asthma are 40% more likely to suffer asthma attacks.² Exposure to ozone increases the risk that children under two years of age will be hospitalized for acute respiratory diseases.

Replacing a clogged air filter can improve your vehicle's gas mileage by 10%. Keeping an engine properly tuned and changing your oil regularly can improve gas mileage up to 40%. Also, planning your route and making sure tires are properly inflated can improve mileage up to 20%. See? By adopting these simple habits, you win and so do the people who really need your help. All it takes is a little action to make a big difference for Kentuckiana's children.

What's the best way for us to make a difference? Pay more attention to the upkeep of our vehicles. Through simple maintenance and driving habits, we can help improve air quality and the quality of life, especially for those with respiratory conditions.

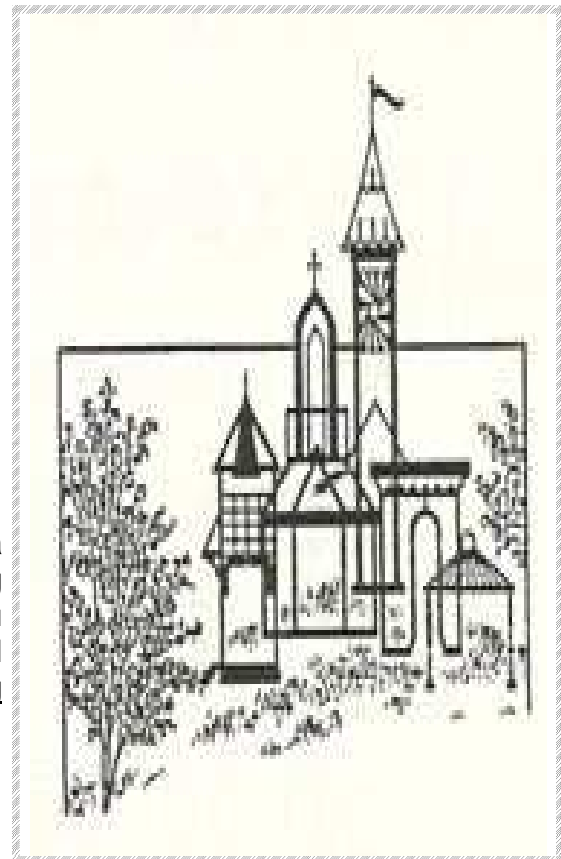
Here's How Easy It Can Be To Help The Air:

- Keep your vehicle tuned up.
- Keep your vehicle's tires properly inflated.
- Service your vehicle when the "Check Engine" light comes on.
- Refuel in the mornings or evenings when the air is cooler.
- Schedule regular oil changes.
- Close your gas cap until you hear it "click".
- Change your vehicle's air filter.
- Plan ahead, combine errands, and listen to traffic reports.
- Reduce unnecessary loads in your vehicle.
- Drive smoothly to avoid abrupt starts and stops.
- Avoid idling.

In addition, to show your support for cleaner air, join the KAIRE Network. The KAIRE Network is comprised of Kentuckiana businesses, organizations, and citizens who are committed to doing what they can to help our community's air quality. Once enrolled, you will receive updates on air quality issues, Air Quality Alerts and KAIRE events. To join the KAIRE Network, go to www.helptheair.org or call 574-6000.

¹American Lung Association 2004

²Kentucky Environmental Quality Commission, 2000-2003



Neighborhood Watch – Darrin Riddle

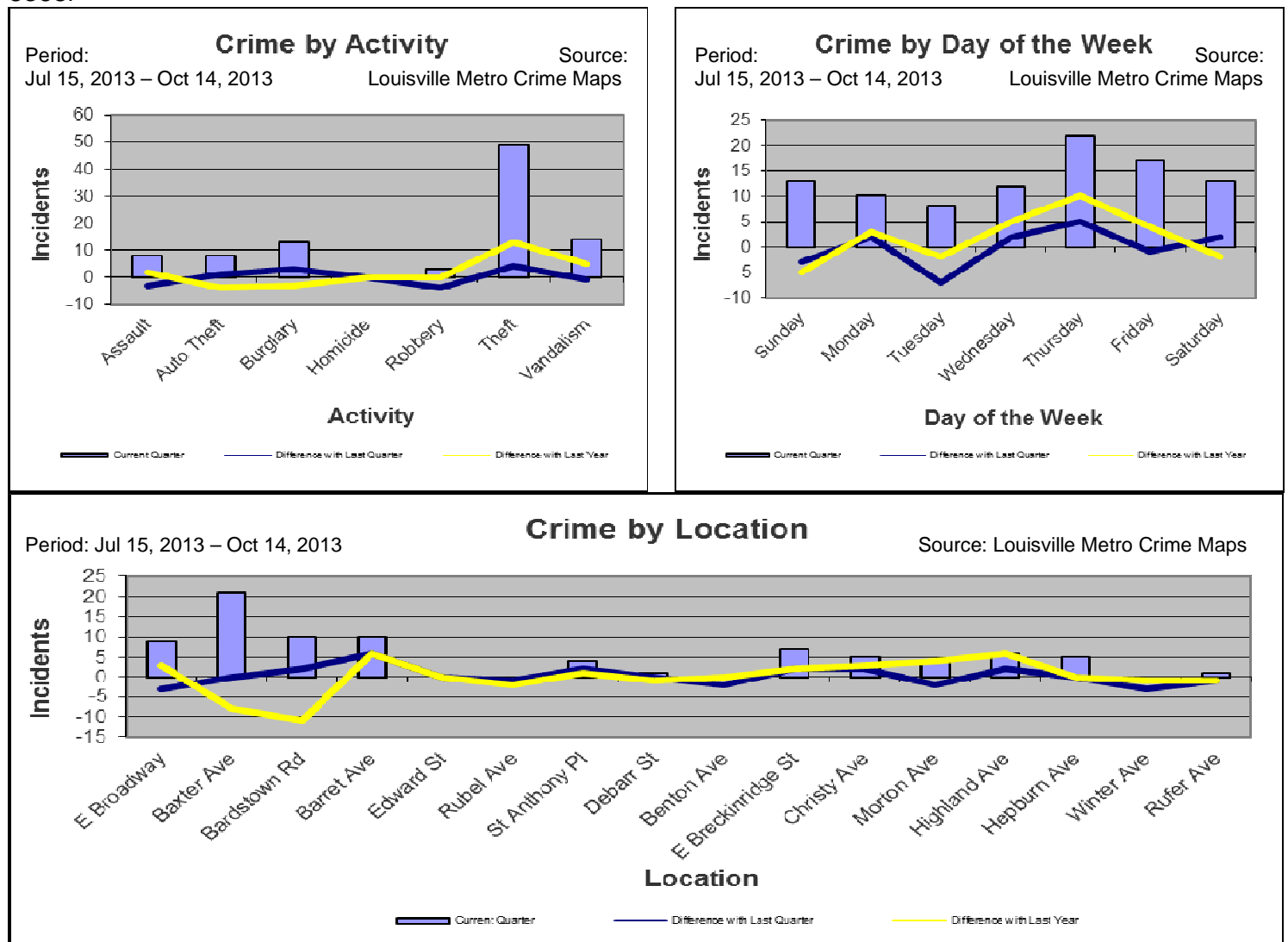
According to the on-line Louisville Metro Crime Maps tool, there were 95 incidents reported in the Original Highlands Neighborhood from July 15, 2013 to October 14, 2013. There were 49 cases of theft, 14 cases of vandalism, 13 cases of burglary, 8 cases of assault and auto theft, and 3 cases of robbery. There were no cases of homicide. In comparison to last quarter there was no change in the number of incidents. Comparing last year, the total incidents are up 16%.

During this period, Thursday was the day with the most crime having 22 incidents followed by Friday with 17. The street with the most crime reports was Baxter Avenue with 21 while Bardstown Road and Barret Avenue had 10 each.

Neighbors, as always, please remember to keep items such as money, purses, wallets, ipod/mp3 players, cell phones, portable navigation systems, and laptops out of sight when kept in a vehicle even if it is a very short period of time. Keeping these items in plain sight and making it easy for thieves encourages repeat offenses in the neighborhood. Remind visitors to do the same and possibly keep them from becoming a victim of a crime.

It is a safe neighborhood but please be careful while walking the neighborhood at night. It is best not walking alone. Avoid areas that are dimly lit. If there is a dark area or sidewalk, report this block to see if a light may be installed. If an existing street light is out, please contact MetroCall 311 or LG&E to report the outage.

If anyone would like to join the Original Highlands Neighborhood Watch, please call Darrin Riddle at 649-8368.



Visit www.OriginalHighlands.com; choose "Our Home", then "Crime Reports" for past reports.

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